

# WHAT IS THE MASTER ELECTRICIANS WELLBEING SCHEME?



**It's an Employee Assistance Programme (EAP) available FREE to members and their staff. EAP is a confidential way in which you can seek support on things that may be worrying you.**

Such issues may include personal/work relationships, separation/divorce, anger, grief, stress, depression, anxiety, drug, alcohol and gambling concerns.

## HOW TO ACCESS THE MASTER ELECTRICIANS WELLBEING SCHEME



**WE'RE HERE  
TO HELP**  
0800 284 678

IN CONJUNCTION WITH

**instep**

